



Requirements to Become a Mentor

Minimum criteria:

- Be Techniques certified
- Be currently in process of Diplomate certification (to be completed by 1/1/2016)
- Successful completion of Adv 1
- Maintain an active practice (min: 15 clients/month)
- Active/experienced/successful teaching assistant in the CST curriculum
- Track record of having received mentorship
- Written recommendation from 2 active core curriculum CST instructors
- Completion/submission/successful review of this application
- Final approval by program ombudsperson

Criteria after 1/1/2016:

- All of the above criteria, AND:
 - Be Diplomate certified
 - Have submitted completed Mentorship log (minimum 24 hours)
 - Recommendation requirements will change to the recommendation of your IAHE certified mentor and 2 core curriculum CST instructors
 - TA requirements will increase to successful assisting at the SER level

Mentors are certified upon successful completion of the mentorship training and final recommendation/approval by program ombudsman.

Contact the Office to be notified of the next time we will be running the training in the UK.

(Still in development:)

Requirements to Maintain Certified Mentor Status

The process to becoming a certified mentor reflects significant work and dedication. As such, we want recertification as a mentor to be as flexible and to reinforce your own self-guided process of improving your presence as a senior practitioner of CST.

Values of being a mentor:

- Certified mentors would not be certified mentors without already demonstrating a proven commitment to the process of reflection and seeking feedback in the process of becoming an experienced practitioner.
- Maintaining certification as a mentor only really needs to reflect ongoing commitment to giving/receiving reflection and feedback as a practitioner.

- Maintaining certification as a mentor also needs to reflect a spirit of generosity and “pay-it-forward” spirit in approaching the duties of being a mentor.

Given the above, the following guidelines are in place:

- 10 hours/year of participating in mentorship.
- Of that 10 hours, it may be any mixture of
 - Receiving treatment from a CST or CST-D
 - Touching base with Program Ombudsman (at least 1 hour/year)
 - Participating in a mentor group
 - Attending a teacher meeting (instructor/mentors only)